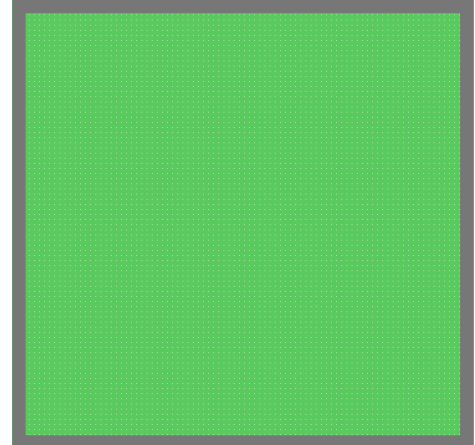
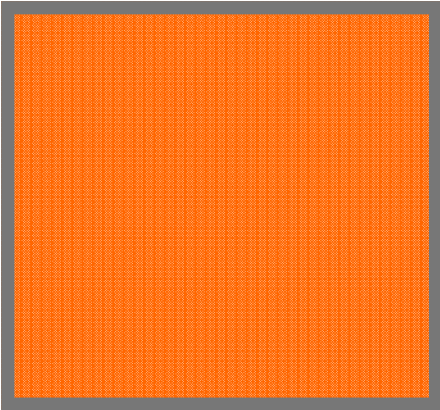


2013-14 Annual Report



Ontario

Central East Local Health
Integration Network



Ontario's Community
Health Centres
Les centres de santé
communautaire en Ontario

Our Mission:

TAIBU Community Health Centre is a population based community health centre, which is established to providing primary healthcare services to the Black community in the GTA as its priority population. TAIBU is situated in the community of Malvern.

Our Vision:

Vibrant and sustainable communities creating our own solutions

Our Values:

- We believe that equity is essential to the achievement of a healthy community
- We recognize the prevalence of anti-Black racism and its impact on the way the community accesses and receives services
- We believe that cultural competence is a key component in how the organization functions
- We believe that quality service is integral to our community
- We are committed to cultivating an environment free of discrimination of any type
- We believe that the community's success lies within its inherent strengths and assets



Model of Health and Wellbeing
www.aohc.org

TAIBU Community Health Centre incorporates the Model of Health and Wellbeing as developed by the Association of Ontario Health Centres in its service delivery philosophy.

The Values and Principles of this model include:

- Highest Quality People and Community Centered Health and Wellbeing,
- Health Equity and Justice, and
- Community Vitality and Belonging



Floydeen Charles– Fridal
President, Board of Directors

On behalf of the Board of Directors which acknowledges and appreciates the invaluable contributions of the Executive Director, managers, providers, volunteers, clients and community partners, I say “Thank-you so very much for the important part you play in the life of TAIBU”.

As I reflect on TAIBU's 2013-2014 theme, Our Health & Wellbeing: Carving New Paths, I acknowledge that it has been an interesting year for the organization. The Board of Directors quickly recognized that there is a lot more of carving of new paths to be done in order to ensure that the health and wellbeing of our community reaches its premium and to that end continued to remain focused on its role in ensuring that the provision of services to the Black Community as its priority population occurred with excellence. We remained motivated to continue to effectively govern such a vibrant organization that in the past six years has certainly made a positive impact on the community it is here to serve and on the sector of which it is a part.

The excellent work that Executive Director did in working with the Central East LHIN to engage the Francophone community in Scarborough resulted in the establishment of a Coalition for Healthy Francophone Communities in Scarborough and the signing of the Terms of Reference between TAIBU and the Central East LHIN in February 2013; the official launch of the Ubuntu Village Project for older adults and seniors in March 2013; and the **Governing Through Change: The Role of Boards In Health Systems Transformation** workshop that was facilitated by two Board members at the Association of Ontario Health Centre's Annual Conference in June 2013 were aligned with TAIBU's strategic priorities.

As one of the organizations involved in The Central East Local Health Integration Network directed Scarborough Community Health Services Integration Strategy, TAIBU hosted the Strategic Session for the Scarborough CHS Governors in November 2013. The integration process has been a major area of focus for TAIBU this year which partially influenced the Board's decision to postpone its strategic planning process.

Looking to the future, as the Health Systems Transformation Agenda advances, we will advance with it while maintaining a strong position and focus on why TAIBU exists and whom it exists to serve. Our ongoing commitment to supporting the Association of Ontario Health Sector's model of community health and wellbeing includes shifting the conversation from cultural safety to cultural health and pushing the agenda about health equity, anti-racism and other forms of oppression in a direction that results in sustainable strategies and policy decision outcomes that improve the overall health and well being of Black Ontarians.



Liben Gebremikael
Executive Director

In its sixth year of operation, TAIBU continues to engage with the community, its stakeholders and funders to fulfill its mandate to the Black population across the GTA and the residents of Malvern. The year has been busy administratively as we were transitioning to a new Electronic Medical Record; building partnerships and coalition with the Central East Local Health Integration, Entité 4 and other members of the Francophone communities in Scarborough; and organizing several health promotion events such as chronic disease prevention screenings in the community, youth engagement events, and education session focused on women's health. All these, in addition to providing our regular primary healthcare and other health promotion programs and services.

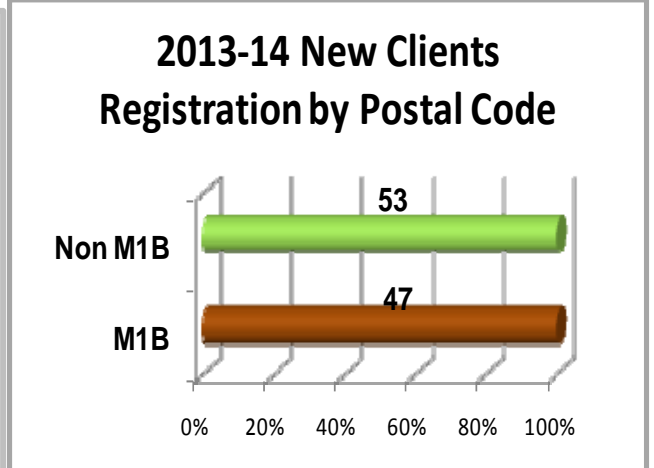
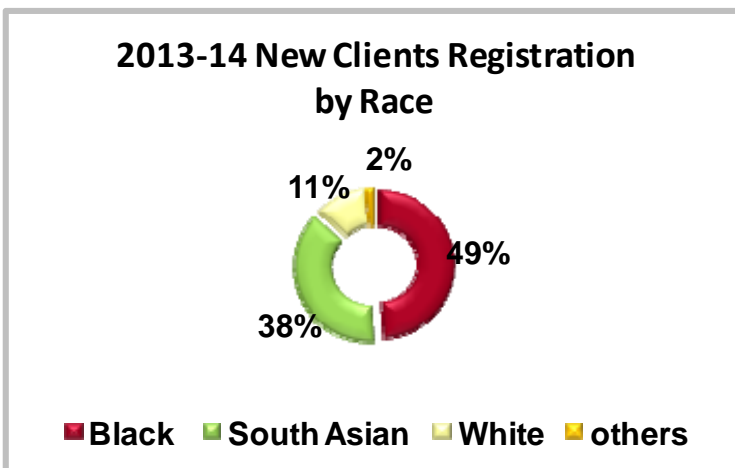
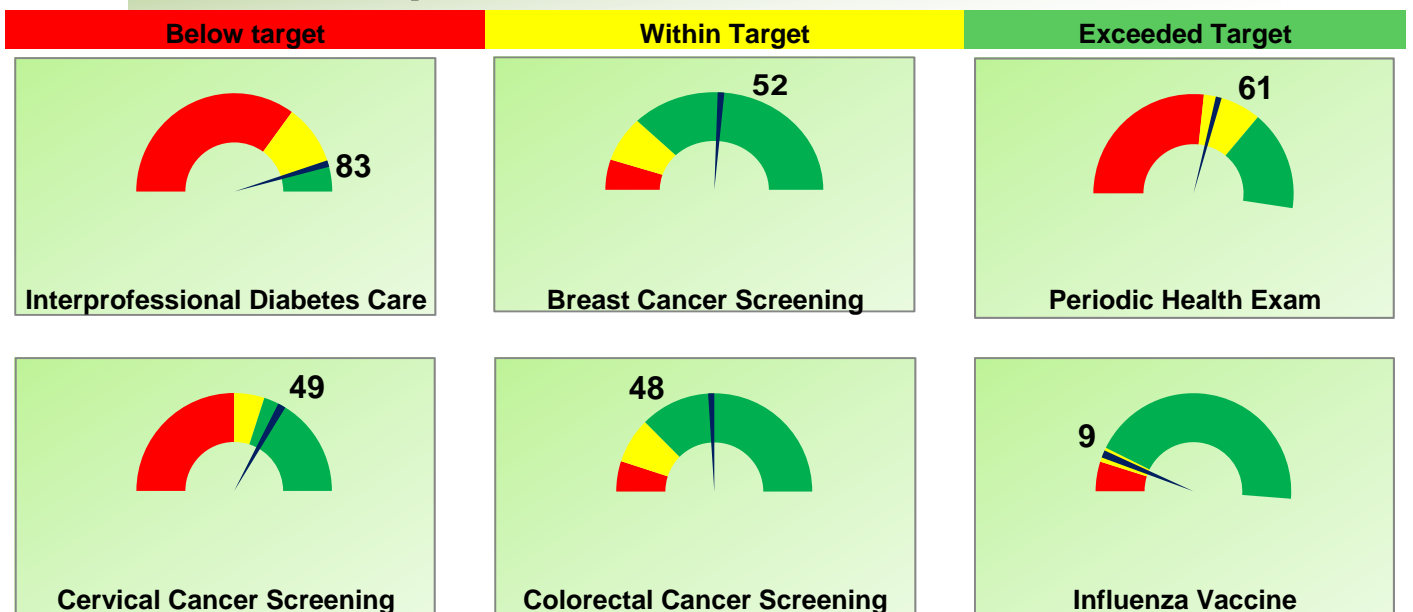
Our Chronic Disease Prevention Task Force and our Quality Improvement Committee have also been busy reviewing, monitoring and taking action to improve our Multi Sectoral Accountability Agreement performance indicator and our Quality Improvement targets. The hard work paid off. We have significantly improved all of our performance targets and in some have more than doubled our numbers and in others have even exceeded the provincial target levels.

I am, as always, very grateful to our clients and communities, TAIBU's Board of Directors, the ever so hard working and passionate staff, our volunteers and students placement for making it another successful year of operation. TAIBU!



In August 2013, TAIBU Community Health Centre transitioned its Electronic Medical Record system to Nightingale on Demand. With proper planning, full staff engagement and a lot of patience, the transition was seamless and smooth.

Our Multi Sectoral Accountability Agreement performance Indicators



	Total Registered Clients	6236	
	Face to Face Encounters	8492	
	Telephone Encounters	245	
	Consultation with Clients present	736	
	Consultation without Clients present	82	



Racialization and Health Inequities in Toronto

October 2013

In October 2013, Toronto Public Health published the “Racialization and Health Inequities in Toronto” report.

The report clearly highlighted that people who identified as Black had poorer health outcomes overall. People who experience/report racial discrimination and had lower socioeconomic status were also likely to have poorer health outcomes.

On November 4, 2013, The Executive Director of TAIBU CHC had the opportunity to attend the Board of Health meeting and presented further recommendations to be added to the report. These include:

1. That Toronto Public Health review its own institutionally racist policies and practices,
2. That Toronto Public Health be tasked to conduct further in-depth studies in this field in partnership with academic institution and community groups such as TAIBU,
3. the Board of Health and Toronto Public Health to incorporate Sickle Cell Disease in its health planning and health equity agenda,
4. That Toronto Public Health regards violence in our communities as a public health issue and incorporates strategies to address this issue in its Health Equity agenda.

416.338.7600 toronto.ca/health

Beginning in August 2013, TAIBU has been participating and contributing to the Central East Local Health Integration Network (LHIN) Scarborough Cluster Integration Strategy with 4 other Scarborough based Community health and support service providing agencies.

The Strategy Aims include:

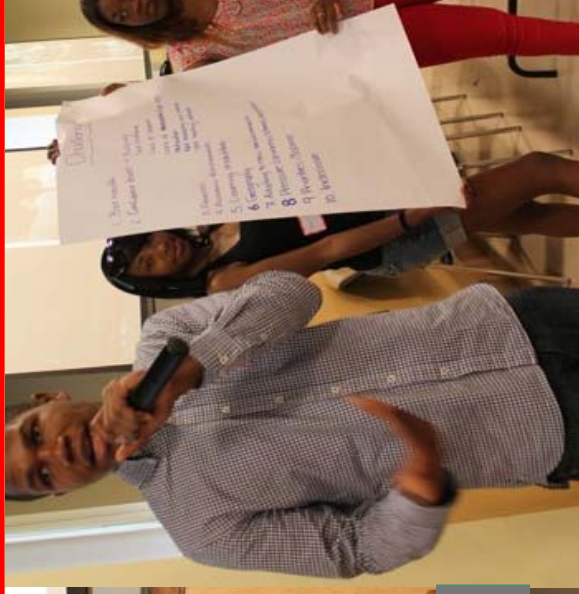
- Improve client access to high-quality services
- Create readiness for future health system transformation, and;
- Make the best use of the public's investment

One of the barriers and challenges racialized youth face is access to post secondary education. Studies have shown that first and second generation immigrants from the Caribbean and African origins have disproportionately low participation rates at both university and college levels. (e.g. 12% of Caribbean and 30% of African background students gain admission into post secondary education compared to 42% of Canadian born students). It is also noted that Black students have disproportionately lower achievement and higher drop out rates due to factors attributed to poverty, racism and marginalization.

In June 2013, in partnership with the Black Physicians Association of Ontario (BPAO), TAIBU organized the Youth Career Fair - "Youth Embracing their Vision" - day to introduce Black and racialized students to Black healthcare professionals from different disciplines.

This successful event attended by 63 racialized youth and 15 healthcare professionals aimed at **increasing awareness in career choices in the healthcare field, awareness of the potential challenges students face in their pursuit of career goals and equipping participants with strategies, tools and information to overcome these barriers.**

Scotiabank donated three High School Achievement Scholarship amounting to \$500 each to recognize academic achievement in high school and encourage students to pursue post secondary studies.



September 2014


National Sickle Cell Awareness Month
Prostate Cancer Awareness Month

August 2014

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28	29	30	 <p>Harriet Tubman spirited several hundred fugitive slaves into Canada in the Underground Railroad in 1800's.</p>			



In the summer of 2013, TAIBU CHC in partnership with the Heart and Stroke Foundation and the African Canadian Kidney Association/ Kidney Foundation of Canada and supported by a great number of students and volunteers conducted community screening events at the Philadelphia Seven Day Adventist Church and Albion Mall where 300 members of the community were screened for Diabetes, Hypertension and Kidney Disease.

Chronic diseases are the leading causes of death in Ontario. Data from the United States indicate that leading causes of death among African Americans are 1. Heart Disease, 2. Cancer, 3. Stroke and 4. Diabetes. Although there is not enough race based data in Canada, the situation is not expected to be different in the GTA or Ontario.

Timely screening and leading a healthy lifestyle (e.g. healthy eating, increased physical activity and coping with stress) are two important actions that members of the community can take.



HEART & STROKE FOUNDATION



The Foundation of Kidney Care
Totallement dévouée aux soins des reins.

September 2014

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October 2014

Breast Cancer Awareness Month

November 2014

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Mary Ann Shadd is acknowledged as the first black newspaperwoman and the first woman publisher of a newspaper in Canada. (1853)

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“Our daughter had the opportunity to be in the classroom for the first time and practice things like opening and closing her lunch box, playing with other children and learning the kindergarten routine. This really helped her a lot. What I remember most is how much fun she had. After adjusting to the Ready Set Go program, she would have been happy to continue for a third week. When she started school in September, she didn't cry! She didn't ask us things like what will I do or how will I do this because she already learned through the program and became confident. I would really recommend this program to other families. When you are a first time parent, sometimes you don't know what school will be like. This program helped our daughter, but also us as parents.

Keep up the good work TAIBU!” - parent participant at White Haven Public School

Ready Steady Go — a Kindergarten Readiness Program has been implemented by TAIBU CHC since 2010. The implementation of the program was initially in partnership with Ailsing Discoveries. Today, TAIBU delivers this program on its own in two Toronto District School Board (TDSB) schools during the month of July and August.

November 2014

National Diabetes Awareness Month
National Men's Health Awareness Month (November)

October 2014

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December 2014

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As part of its disease prevention and healthy lifestyle promotion, TAIBU runs several culturally appropriate physical activity programs in different regions of the GTA. One of its many successful programs, the physical activity sessions are always fully packed, in some instances with up to 80 participants in a session.

TAIBU appreciates the support that it receives from the Toronto District School Board (TDSB) for the use of space in schools.



"The instructors were not just great but amazing! I look forward to Tuesdays and Thursdays every week for these amazing classes. I am a person with limited mobility and the instructors show me modifications in the exercise so I can fully participate. The program also provided with opportunities to meet other folks from within the community and actually build some long lasting friendships". - YP

"My health and body has improved as a result of this exercise program. I am proud to day that I have gone from size 12 to size 10. No longer do I feel exhausted. I feel more energized, concentrate more and get involved with volunteer activities to give back to the community" - DT

"I was referred to a dietitian at TAIBU by my family doctor as a result of high cholesterol, being overweight and high blood sugar levels. After working along with the knowledgeable staff that equipped me with necessary tools and guidelines for personalized healthy lifestyle changes I was introduced to the various Afro-Caribbean physical activity programs. I was motivated by all the hard working instructors which made me increase my attendance to become more active. My greatest achievement happened six months into the exercise. I retested my blood sugar levels and they were back to normal levels. The program has transformed my body by helping me loose over 25 lbs and has made me choose a healthier life style" - LM



December 2014

November 2014

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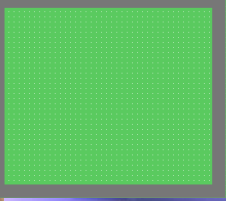
Delos Roget Davis is the first Black Lawyer in Canada. (1885)

The Literacy, Education, Arts, Recreation and Nurturing - LEARN Academic Support Program is an innovative Academic Support geared towards increasing academic success for student between the ages of 7-20 years and equipping parents with academic support and advocacy skills in order to help their children with the fulfillment of their academic goals. The program curriculum focuses on five areas: School Comfortably, Teacher Student Relationship, Cultural Congruence & Classroom Equity, Racism & Discrimination, and Reducing Barriers to Academic Success. The program provides additional support for children with sickle cell disease.

"...It really made it clear to me that I need to keep [L] in an environment where there are resources and people who will be sensitive to the challenges he may be dealing with, help to build him up as a person, and help him to overcome the challenges he has.

This summer, I have become even more aware of and concerned about how [L] is really doing/feeling on the inside. He is a 'fatherless son' (to quote Oprah, and Iyanla Vanzant), the effects of which are really starting to come to the forefront.

I thought I would drop you a line just to let you know how much I appreciate the time and effort you put into working with the youth. You had such a positive affect on L (and others), and I am so grateful!" - A Parent



**THE ONTARIO
TRILLIUM
FOUNDATION**



**LA FONDATION
TRILLIUM
DE L'ONTARIO**

"Hi, my name is Domanique Francis and I was a participant of the LEARN After School Program. At the beginning of the program I was a bit nervous about the program because I was in a room with strangers, but all that changed very quickly. During the program, we talked about what's keeping us young adults from being successful in school. The one thing that I will take out of this program is that you're not alone, there's someone out there that has the same issues you have, and as human beings it's our job to help each other out when needed."



December 2014

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January 2015

Alzheimer Awareness Month
Cervical Awareness Month

February 2015

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William Hall of Nova Scotia is the first Canadian Sailor and the first person of African descent to receive the Victoria Cross for bravery and distinguished service. (1857)

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My youngest son is 15 years old and he has Sickle Cell Anaemia. He is the only one of 3 brothers that has the disease. This program has made an important difference in my life because I am able to show my son individuals who have traveled the same road that he is now traveling. They are able to share their experiences and wisdom. This is a big help because it allows us to better communicate with our doctors and understand our needs. As a result I am a better parent because I am able to better assist my son and direct him to men that can mentor him along the way. - DL



Sickle Cell disease, a blood disorder, is highly prevalent in people of African descent and other racialized groups such as people of South Asian, South American and Mediterranean descent. TAIBU CHC offers a primary care clinic two days a week for specialist consultation offered by a multi disciplinary team of doctors, nurse, dietitian and social worker.

TAIBU, in partnership with the Sickle Cell Association of Ontario (SCAO) also runs a monthly self help group where peer members with lived sickle cell experience support each other. Invited guests provide health education and information.



"I finally had a group I belonged to that I can vent and talk about anything and didn't feel inhibited at all. I knew that my thoughts and feelings about living with sickle cell were finally going to be heard and acknowledged and that we were eventually going to make a difference with the program. The interaction with new people along with the ones who started the group is very important to me. I get to meet more families out there that are going through the same thing as me...I am not alone. I recommended Dr. Larry Grossman and I was so happy when TAIBU was able to locate him! If wasn't for him, I do not know how my health would be at this age. He is the only physician that I trust with my life and I am grateful that I can see him for prevention, consultation and for check ups. This has made my life a little less stressed in terms of eliminating parking fees and reducing travel time to Toronto General Hospital for check ups. Overall, the Sickle Cell Support Group and the Sickle Cell Program at TAIBU has been a pivotal resource in my life and I wouldn't want it any other way". ST

February 2015

Black History Month
Heart Month

January 2015

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March 2015

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Elijah McCoy developed a self lubricating device in order to stop the injuries that factory workers were facing. McCoy's first drip cup patented on July 12, 1872, was so highly regarded that other manufacturers copied it. However, none worked as well as McCoy's invention. Customers asked for it by name as the "real McCoy," giving rise to the expression denoting authenticity.

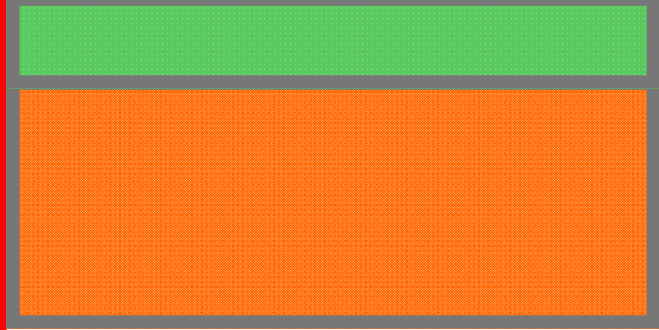


The Hypertension Management Program is for clients with elevated blood pressure. It is a multi-disciplinary model of following up and supporting clients manage their blood pressure effectively. In 2013 TAIBU added a physical activity component to the program. 16 individuals participated in the program and 99% of the participants were able to achieve their physical activity goals.



TAIBU's primary healthcare services is provided by a inter-disciplinary team of service providers including Physicians, Nurse Practitioners, Chiroprapist, Registered Nurse, Registered Dietitian, Registered Social Worker, Physician Assistant and a dedicated Diabetes Education Program Team.

We focus on Chronic Disease affecting the Black and other racialized communities. We also provide services through the Ontario Telemedicine Network (OTN) where patients no longer need to travel long distances to seek specialist consultation.



"I had been seeing my family doctor for quite a while trying to get my blood sugar levels down to no avail. My readings were averaging 14 to 16 for quite a while. Within three months of attending TAIBU's Diabetes Education Program, I have lost 16 lbs and my morning readings are now down to between 6 and 7 on average.

They are always professional and most importantly kind. They took a genuine interest in my well-being. My energy levels are up and it's been a long time since I have felt this well.

As a result of the help and attention I received from Layeeq and Meera, I have seen amazing changes in my health. I couldn't be more thankful or appreciative of everything they have done for me. I would not hesitate to recommend both Layeeq and Meera to any diabetic looking to improve their well-being". LW

March 2015


February 2015

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April 2015

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National Nutrition Month
 National Kidney Month
 National Colorectal Cancer Awareness Month

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29	30	31	 <p>William Peyton Hubbard became the first black council member elected to Toronto City Council. (1894)</p>			



“The residents of Malvern Community, old and young alike are privileged and fortunate to be part of TAIBU Community Health Centre’s UBUNTU project, a Zulu word which means “I am who I am because of who we all are.”

In November 2013, approximately 51 individuals completed the “Food Handlers” Certificate . As a result, a Food and Nutrition Group was formed to assist and further develop nutrition programs. Thus far, the group was responsible for the catering needs of several events organized by TAIBU and the young participants of the LEARN Academic Support Program became beneficiaries of this group’s cooking skills. They were introduced to healthy and nutritious snacks and meals.



Ubuntu Village members have experienced a transformation into a healthier life-style”. AP

‘Ubuntu’ is Zulu (African language) that translates as ‘I am who I am because of who we all are’ .

Aging successfully at home is at the heart of the Ubuntu Village project; a concept where people are a part of a neighborhood where they socialize and participate in community living activities together while automatically helping one another. This village support incorporates: an enlarged pool of caregivers; the talent and life experiences of older people; members of the community caring for each other in times of health and illness; and healthy older people acting as a resource for their families, as well as their communities.

The project was officially launched on March 29 2014 with the highlight being the inauguration of the Ubuntu bus.

“On July 24, 2013, TAIBU formed the Ubuntu Laughter group. Led by Kesh Kumar, the Club has been very vibrant.

The program became very popular. Members began expressing a desire to train as Laughter Yoga Leaders. In December 2013, Kesh Kumar participated in a training program at Kingston, Ontario, and became a Certified Laughter Yoga Teacher. Today there is group of eight Laughter Yoga leaders in the Ubuntu Laughter Yoga group. It has been pointed out that Laughter Yoga is the most sought after program at TAIBU. The group has done several Laughter Yoga demonstrations at different public forums. This is truly a success story. the Ubuntu Laughter Yoga leaders have been doing a remarkable job!” - KK



March 2015

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April 2015

Dental Health Month
 National Cancer Month
 Autism Awareness Month

May 2015

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Leonard Braithwaite was the first African Canadian in a provincial legislature when he was elected in Ontario in 1963.

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The strong partnership created between the Central East Local Health Integration Network (LHIN), Entité 4 and TAIBU CHC has led to the creation of the Coalition for Healthy Francophone Communities in Scarborough that was launched on January 30, 2014 marked by the signing of the Terms of Reference for the Coalition by Deborah Hammons, CEO of the Central East LHIN and Liben Gebremikael, Executive Director of TAIBU.

The Coalition will focus on engaging Francophone communities in Scarborough and delivering health promotion and prevention, Chronic Disease Self Management, Mental Health and Healthy Lifestyle Management programs and services.



"This initiative is aligned with our government's Action Plan for Health. We are transforming the system and ensuring that people can access care in their communities and in community settings." **Mitzie Hunter, MPP Scarborough-Guildwood.**

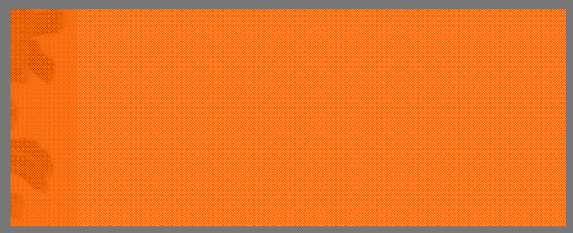
"With the support of our partners in Entité 4 and with agencies such as TAIBU, the LHIN is able to consistently and effectively engage with francophone residents and provide them with better care and better value at the right place and at the right time."

Deborah Hammons - CEO, Central East Local Health Integration Network (LHIN).



"I would like to thank them all [the Central East LHIN, Entité 4 and TAIBU CHC] personally for their leadership, not only for this event itself, but for their endeavours related to providing better health care to the Francophone population in their region. At the end of the day, providing better healthcare to our citizens is what it's all about".

François Boileau - French Language Services Commissioner



April 2015

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May 2015

Foot Health Awareness Month
Mental Health Awareness Week (May 6 -12)

June 2015

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Saturday

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3	4	5	6	7	The Honourable Lincoln Alexander is first the black Member of Parliament. In 1979, he became Canada's first black cabinet minister, as Minister of Labour in the federal government. In 1985, he became Ontario's first black Lieutenant Governor, and the first black to be appointed to a vice-regal position in Canada.		
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17	18	19	20	21	22	23	
24	25	26	27	28	29	30	



On February 22, 2014, TAIBU organized the **Women's Health Forum** with a focus on depression. Several TAIBU service providers presented workshops on nutrition and mental health, stress management, self care and mental health in older adults.

The keynote address on Stigma and Depression was delivered by Clinical Psychologist Dr Natasha Brown.

Floydeen Charles - Fridal, President of the Board also addressed the participants with an inspiring and challenging message.



Is there a connection between feeling fine and the foods we eat?



Research shows that women experience depression twice as often as men. There are many factors that contribute to one being depressed including psychological and environmental factors. Within racialized and marginalized populations other social determinants such as racism, poverty, employment status also affect the mental wellbeing of individuals and communities.

June 2015

Stroke Awareness Month
Senior's Month

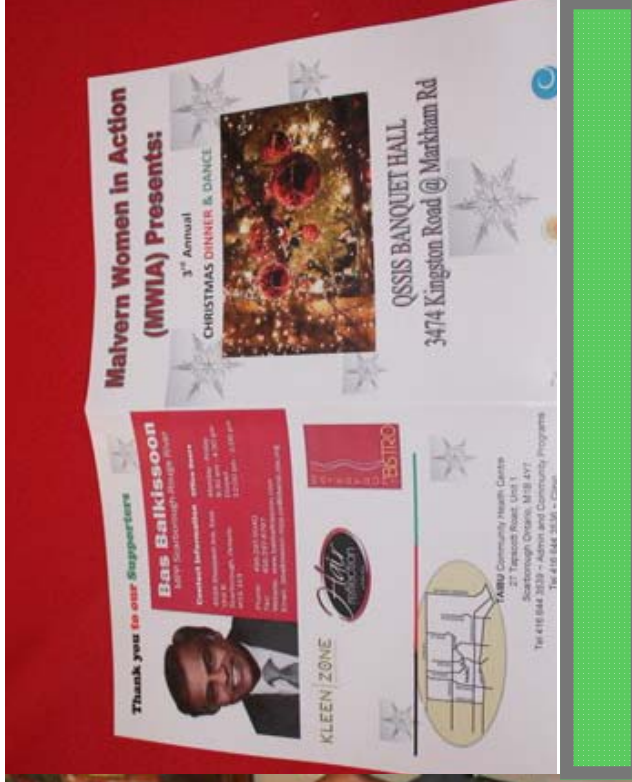
May 2015

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July 2015

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	 <p>Honorable Julius Alexander Isaac was named Chief Justice of the Federal Court of Canada in 1991. He becomes the first black Chief Justice in Canada and the first to serve on the Federal Court.</p>			



The Malvern Women in Action group is a vibrant self managed group of women from the community who have empowered themselves in planning, organizing and implementing various health promotion and social activities to improve their quality of life.



In December 2013, they held their 3rd Annual Christmas Dinner and Dance event with over 300 guests in attendance. The evening was full of fun activities, recognition awards, delicious food and dance.

July 2015

June 2015

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August 2015

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Sunday

Monday

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Wednesday

Thursday

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Saturday



Honorable Michelle Jean is the first Black Governor of General of Canada (in office from 2005 to 2010).

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The Ubuntu Village members developed a partnership with the S.P.O.T, a youth-led community initiative, to host an intergenerational program to teach older adults computer literacy skills. This initiative was made possible through the generous support from the Toronto Seniors Forum. The Program run for 12 weeks with a well developed curriculum, an instructor and four youth mentors.

32 Older adults competed the program.



Outcome:

72% of the participants indicated that they had increase their computer literacy skills.

"The class was very good, I learned a lot. I learned how to use email , twitter & facebook" - F

"The program was well explained, all the classes went well, and the delivery was excellent" - C

"Connection between the seniors and the youth was great. The impact and presence that the seniors had on the youth leaders, the space, and staff...it was very nice to see".

- D



August 2015

July 2015

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12	13	14	15	16	17	18
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September 2015

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Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday

30	31		Honorable Jean Augustine was sworn in as Canada's first black female Member of Parliament in 1993. She is currently the first Fairness Commissioner for Ontario				1
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	

Thank you to Board of Directors & Staff

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Floydeen Charles - Fridal, President
Sheryl Bernard, Vice President
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Cristina Padilla, Receptionist
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Dr Deva Nicholas, Physician
Dr Gnanaraj Shanmugarajah, Physician
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Denah Smith, Nurse Practitioner - EC
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Racquel Hamlet, Registered Social Worker
Nancy Akor, Registered Nurse
Ai Luong, Chiropracist
Nan Shi, Physician Assistant
Natasha Deer, OTN Coordinator

Thank you to our Partners & Funders

Grey Owl Public School
Hamilton Urban Core CHC
Heart & Stroke Foundation
Humber College
Impact N' Communities
Lester B Pearson Collegiate Institute
Mc Donald, Malvern Town Centre
Malvern Family Resource Centre
Malvern Public Library
Malvern Town Centre Mall
Malvern Youth Community Employment Program
Newcomer Services for Youth
Operation Springboard
OnTrack Career & Employment Services
Rouge Valley Health Systems
Philadelphia Seven Day Adventist Church
Scarborough Centre for Health Communities
Scarborough Hospital
Scotia Bank, Cedebea Mall
Service Canada
Sickle Cell Association of Ontario
St Paul's L'Amoreaux Centre
The SPOT
Tom Longboat Junior PS
Toronto District School Board
Toronto General Hospital
Toronto Public Health
Toronto Public Health – Oral & Dental Services
Tropicana Community Services
University of Toronto, Scarborough Campus
West Scarborough Neighborhood Community Centre
White Haven PS

Funders:

The Ministry of Health and Long Term Care
The Central East Local Health Integration Network
Service Canada
City of Toronto
Ontario Trillium Foundation
Health Force Ontario

Thank you to our Partners & Funders

African Canadian Kidney Association
Aisling Discoveries Child & Family Centre
Agincoourt Community Services
Ajax Baptist Church
Black Creek Community Health Centre
Black Health Alliance
Black Physicians Association of Ontario
Canadian Diabetes Association (CDA)
Caribbean Chapter of the CDA
CE LHIN CCAC Self Management Program
Centre for Addiction and Mental Health
City of Toronto
Dr Marion Hilliard Middle PS
East Metro Youth Services



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